

# 2020 Singapore Windfoil National Championships

Organised by:



Hosted by:



## Sailing Instructions

[DP] denotes a rule for which the penalty is at the discretion of the Race Committee and may be less than disqualification.

[NP] denotes that a breach of this rule will not be grounds for protests by a board. This changes WCR 60.1

### 1 Rules

1.1 The regatta will be governed by the 'Rules' as defined in the Racing Rules of Sailing - Windsurfing Competition Rules (WCR) except as modified by these Sailing Instructions.

1.2 [DP][NP] The following Safety Regulations shall apply:

1.2.1 All crew shall wear buoyancy vests, impact vests, or lifejackets in good repair properly secured about their persons at all times while afloat.

1.2.2 [DP][NP] A suitable protective helmet must be worn at all times while afloat.

1.3 [DP][NP] During long distance races some or all sailors may be asked to carry a tracking device and/or application associated with the sailor's mobile phone.

1.4 Equipment must comply with the rules set out in these Sailing Instructions.

1.5 For protests where only a Rule of Part 2 is alleged to have been broken an informal mediation may be offered prior to any formal hearing.

1.6 If there is conflict between these Sailing Instructions and any other document governing the regatta, these Sailing Instructions will take precedence.

### 2.0 Advertising [DP][NP]

2.1 Sailors may be required to display advertising chosen and supplied by the Organising Authority.

2.2 Regatta lycras, if provided, shall be worn outside any other clothing or equipment at all times when afloat and during media interviews ashore.

2.3 Regatta lycras and stickers shall not be cut, trimmed or altered in any way.

### 3 Notice to Competitors

3.1 Notices to competitors will be posted on the Official Notice Board located at Aloha Sea Sports Centre.

### 4 Changes to Sailing Instructions

4.1 Any change to these Sailing Instructions will be posted on the Official Notice Board at least 60 minutes before the scheduled start of the first race affected, except that any changes affecting the first possible start of the next day's racing shall be posted not later than 2000hrs on the day before.

### 5 Signals Made Ashore

5.1 Signals made ashore will be displayed on the club 'race flag pole'.

5.2 [DP][NP] Flag D with one sound means - the warning signal will be made not less than 10 minutes after flag D is displayed. Boards are requested not to leave the shore until this signal is made.

5.3 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 10 minutes'. This changes WCR Race Signals.

### 6 Schedule of Regatta

6.1 Should conditions favour an early start, a new scheduled start time may be posted by 2000hrs the day before.

6.2 A 'daily intended race schedule and format', and the scheduled time of

different types of races may be published on the Official Notice Board.

6.3 There shall be a maximum of 6 Course Races on any day. Races in other formats may be held in addition to the Course Racing.

6.5 To alert boards that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound signal at least 2 minutes before a warning signal is made. No sound will be made when the flag is lowered.

6.6 On the last day of racing no warning signal will be made after 1800hrs.

6.7 The prize giving will be held as soon as reasonably possible after the completion of racing.

## **7 Format of Racing**

7.1 Racing may be multi-format, including some or all of the following: Course Racing, Slalom and Long Distance.

7.2 Not every format needs to be completed to constitute a regatta.

7.3 [NP] The Organising Authority reserves the right to limit the number of entries in any long distance race format, and/or to restrict any long distance race fleet based on seeding and/or according to skill level.

7.4 When Slalom races are run there may be evenly divided fleets with heats and a final.

7.5 There shall be no more than one Long Distance Race in the championship.

## **8 Equipment and Measurement [DP][NP]**

8.1 Foils can be composite, or metal, or a combination of both.

8.2 All foil boards must not exceed 100.5 cm width. Tolerances subject to Measurers discretion. All existing Formula boards are grandfathered in.

8.3 Only one board may be used during the regatta.

8.4 A maximum of 3 sails are allowed – not exceeding 10 sqm.

8.5 A maximum of 2 foil masts are allowed – not exceeding a depth of 115cm below the underside of the hull.

8.6 A maximum of 2 fuselages are allowed – total length of the foil from the leading

edge of the front wing to the trailing edge of the back wing not exceeding 120 cm.

8.7 A maximum of 2 sets of foil wings are allowed (2 x front, 2 x back) – not exceeding a width of 100cm.

8.8 Any board or equipment may be checked for compliance with these Sailing Instructions at any time.

8.9 A competitor may replace equipment that is damaged and beyond immediate repair, and thereafter get permission from the Measurer as soon as reasonably possible.

## **9 Divisions and Class Flags**

9.1 There will be 1 overall open scoring division.

9.2 Open, Women, Youth, Masters and Grand Masters all race together in one start.

9.3 Class flag will be: RED FLAG with WHITE 'W'

## **10 Racing Area**

The Race Area will be on the waters off East Coast Park in front of Aloha Sea Sports Centre.

## **11 Courses**

11.1 The diagrams in Attachment A show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

11.2 The Race Committee will determine the race format at their discretion.

11.3 If more than one race format and/or if more than one course option is prescribed for the day's racing, no later than one minute before the warning signal the Race Committee signal vessel shall display the format to be sailed on a white board or flag. 'C' – Course Race; 'S' – Slalom Race or 'SS' – Slalom (Sprint) Race; 'LD' – Long Distance Race.

11.4 Any races started from the beach will be described at the daily briefing.

## **12 Marks**

The starting marks, finishing marks, and marks on the course will be described at the daily briefing.

### **13 The Start**

13.1 The starting line will be between a staff displaying an orange flag on the starting boat at the starboard end and the port-end starting mark.

13.2 The following shortened start sequence will be used:

- 3 minutes: Warning Signal - Class Flag(s) displayed.
- 2 minutes: Preparatory Signal Flag P, I, U, Z, and R (if any)
- 1 minute: Preparatory Flag removed
- Starting Signal: Class Flag(s) removed
- This changes WCR 26 – System 1.

13.3 [DP][NP] If Flag R has been displayed at the Preparatory Signal then:

- A board shall not start the race on port tack; and
- A board shall not foil in the immediate start line area during the last minute and until the start gun goes. The 'immediate start line area' is defined as an area 10 meters behind the start line and its extensions.

-The purpose of this rule is to promote the safety of competitors.

13.3 A boat starting later than 2 minutes after their starting signal will be scored Did Not Start. This changes WCR A4 and A5.

### **14 Change of Course**

There will be no change of course, except as described at the daily briefing.

### **15 The Finish**

The finishing line will be between a staff displaying a blue flag on the finishing boat at one end and a buoy at the other end.

### **16 Target Times and Time Limits & Rest Periods [NP]**

16.1 The target time for the Course Race is 10-15 minutes. Competitors failing to finish within 5 minutes, after the first competitor sails the course and finishes, will be scored according to their position as identified below, without a hearing:

16.2 'Course Race – CR-UW' will have a bottom mark. The start / finish will be situated to leeward of the bottom mark. All races will be 2 rounds, however the Race Committee boat will take mark roundings each time a board passes the bottom mark (i.e. mark 2).

16.3 5 minutes after the leading board has sailed the course and finished, the race will be terminated. Any boards which at that time are still racing will be recorded a finishing position in the order they last passed the bottom mark (i.e. mark 2). Any board having not completed one round will be scored DNF without a hearing. For CR-DW, the first round (i.e. Start-W-2) is taken as the first rounding of mark 2.

16.4 For the purposes of informing boards that the termination of the race is approaching a yellow flag will be displayed on the finish boat 2 minutes after the leading board has finished.

16.5 If no board has passed Mark 1 within 5 minutes the race will be abandoned. Course races shorter than 15 minutes may be run at the Race Officers discretion.

#### **16.7 Rest Periods**

- Ashore for Course Racing: After a series of 3 back-to-back races there shall be a rest period of a minimum of 10 minutes ashore for the last finisher in the last race of that series. Code Flag AP will be displayed ashore to signal that racing is postponed. A warning signal will be made not less than 10 minutes after it is lowered.

16.8 The time limit for the Slalom Races is 5 minutes after the first finisher. These are short courses designed to be completed in less than 5 minutes.

16.9 The target time for the Long Distance Race is approximately 45min. The time limit is 15 minutes after the first finisher.

16.10 Wind strength guide:

- 7 to 10 knots: Slalom Sprint or Slalom Races

- 10 knots and above: Slalom, Course or Long Distance Race, with bias towards Course Races being run.

### **17 Penalty System**

B44.4 WCR shall apply: If an infringement is acknowledged by a competitor, they shall complete a One-Turn penalty clear of any other competitor.

### **18 Protests and Requests for Redress**

18.1 Please note clause 1.6.

18.2 Protest forms are available at the Race Office, located at Aloha Sea Sports Centre. Protests and requests for redress

or reopening shall be delivered there within the appropriate time limit.

18.3 [DP][NP] Boards retiring from racing after finishing shall notify the Race Office before the end of the protest time limit.

18.4 [DP][NP] Boards taking a voluntary One-Turn penalty, or a 'Scoring Penalty' shall notify the Race Office before the end of the protest time limit.

18.5 The protest time limit is 30 minutes after the last board has finished the last race of the day or the Race Committee signals no more racing today, whichever is later.

18.6 Notices will be posted within 10 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located in the club house. Hearings may start before the scheduled time with the agreement of all parties.

18.7 Breaches of rules in the Sailing Instructions marked [NP] will not be grounds for protest by a board. This changes RRS 60.1(a). Penalties for breaches marked [DP] are at the discretion of the Race Committee and may be less than disqualification if they so decide.

## **19 Scoring**

19.1 3 races are required to constitute a valid result for the regatta.

19.2 When fewer than 4 races have been completed, a board's score will be the total of her race scores.

19.3 When from 4 to 10 races have been completed, a board's score will be the total of her race scores excluding her worst score.

19.4 When 11 or more races have been completed, a board's score will be the total of her race scores excluding her two worst scores.

19.5 Long Distance Race will be scored as duplicate points. That is, 2 separate race scores will be recorded in the results.

19.6 Course Race – 1 point per finishing position.

19.7 Slalom Race – 1 point per final position, or heat position (for those that did not advance).

## **20 Safety [DP][NP]**

20.1 Competitors may be required to sign on and off in the clubhouse before and after sailing.

20.2 Boards not leaving shore for the day's races shall notify the Race Committee as soon as possible.

20.3 A board that retires from a race shall notify the Race Committee as soon as possible.

## **21 Official Boats**

21.1 Official boats will be as described at the briefing.

## **22 Radio Communications**

22.1 Except in an emergency, a board shall neither make radio transmissions while racing nor receive radio communications not available to all boards. This restriction also applies to mobile telephones.

## **23 Awards**

23.1 Prizes will be awarded to first 3 positions in:

- Open
- Women
- Youth
- Youth Female
- Master
- Grand Master

## **24 Disclaimer of Liability**

Competitors participate in the regatta entirely at their own risk. See RRS Rule 4, Decision to Race. The Organising Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

## **25 Media Rights, Cameras and Electronic Equipment**

25.1 By entering the regatta, competitors automatically grant the Organising Authority and their sponsors, the right in perpetuity to make, use and show from time to time at their discretion, any motion pictures, still pictures and live, taped or filmed television and other reproductions of them or their equipment, taken during the period of the regatta, for the said regatta as defined in the Notice of Race

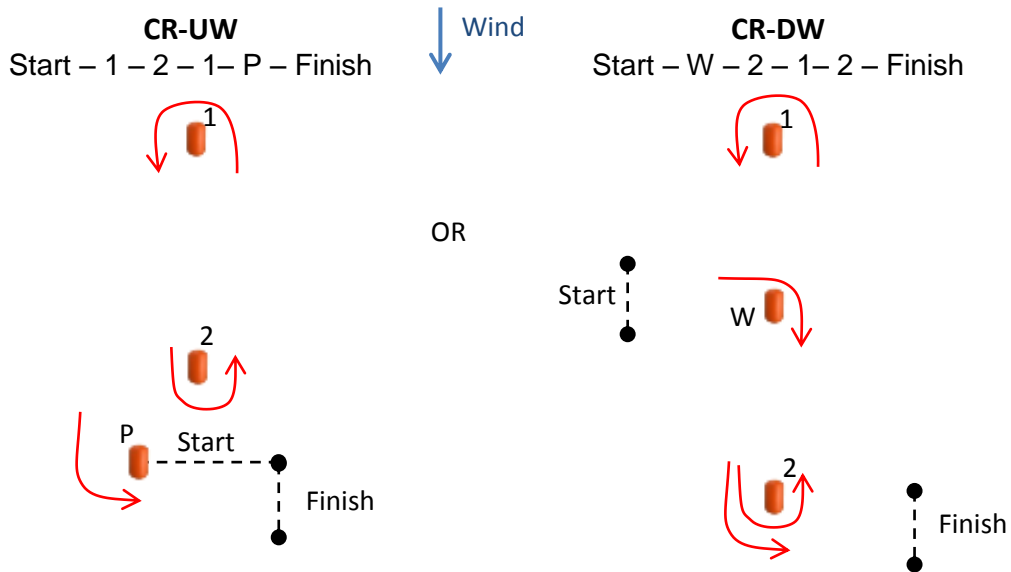
and Sailing Instructions in which he/she participates without compensation.

25.2 By entering the regatta, competitors automatically grant the Organiser, and any other sponsors of the regatta, the right in perpetuity to make, use and show from time to time at their discretion, any motion pictures, still pictures and live, taped or filmed television and other reproductions of them or their equipment, taken during the period of the regatta, for the said regatta as defined in the Notice of Race and Sailing Instructions in which he/she participates without compensation.

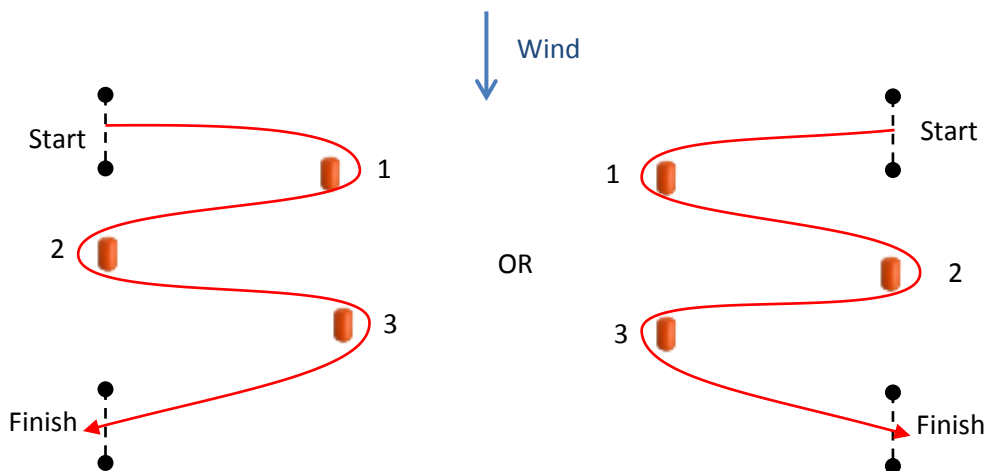
25.3 Competitors may be required to carry cameras, sound equipment, or positioning equipment as specified by the Organising Authority.

**Attachment A**

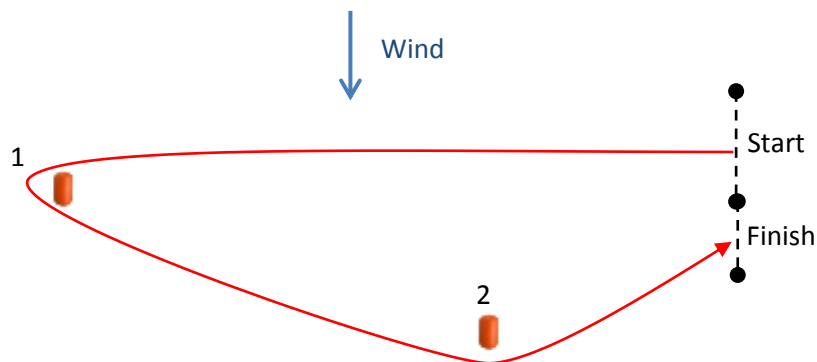
**Course Race Format:** (Target Time 10-15min)



**Slalom Race Format (SR):** Start - 1 - 2 - 3 - Finish (Target Time 5min)



**Slalom Sprint Race Format (SSR):** Start - 1 - 2 - Finish (Target Time 3min)



**Long Distance Race Format:** To be determined at briefing (Target Time 45min)